

Free Motion Exercises

Dates: Monday, October 19th, and Monday, November 2nd
Time: 12:00 to 4:00
Cost: \$60 total
Instructor: Cherie T.

Class #1: The road to stippling

Cursive, teardrop, loops, ripples, wood grain, echo, enhance a print, stipple

Class #2: The road to pebble stitching

String of pearls, lights, stars; spiral; 3's & E's; floral; pebbles

This class is for beginners who have some basic quilt-making experience and are ready to get "out of the ditch" and try some more adventurous free motion designs on their domestic or mid-size quilting machines. The machine you bring to class must have free-motion capacity. (Either the feed dogs will drop, or a plate will cover the feed dogs.) The exercises are progressive – each one building on the last – and all are based on skill you already have in your muscle memory.

Pre-work is required, as outlined in the supply list. Each area of concentration will use a separate quilt sandwich, so the preparation of 6 sandwiches is required for each class. The samples on display and in the photos compress 6 sessions into 1 sandwich.

A mini trunk show accompanies each class, with examples of all the exercises displayed in the quilts, so the students can see real-life applications. Some color theory will also be discussed, with suggestions on fabric and thread selection. We will not stop for lunch, but there will be a short break during the class; and you are permitted to bring a snack if you need it.

Expect a courtesy call from the teacher about a week before class begins, to address any questions and offer additional information.

Supply List:

- **Fabric and Interfacing**

- For Class #1: 5 quilt sandwich squares, about 12" X 12" muslin or plain neutral fabric – serge, zig-zag or pink the edges and sew a line close to the outside edge all around, to secure the sandwich **plus:** 1 quilt sandwich square, about 12" X 12", strong print (floral, creature, or some distinct object[s] on top, plain neutral muslin fabric backing) secure the sandwich as above
- For Class #2: 6 quilt sandwich squares, about 12" X 12" muslin or plain neutral fabric-serge, zig-zag or pink the edges & sew a line close to the outside edge all around, to secure the sandwich
- Extra sandwiches, if you desire

- **Notions & Tools**

- Sewing machine & manual, power cord and foot pedal
- Darning or quilting foot
- Threads and bobbins in strong colors
- Thread snips or scissors
- Extra machine needles
- 2 -3 sheets of lined paper
- Plain paper doodle tablet (dollar store quality)
- Pencil and eraser
- Removeable marking implement (Frixion pen – or water erasable pen – or vanishing pen – or chalk pen)
- Ruler

- **Optional:**

- Stencil for stippling
- Quilting gloves – or rubber finger covers

Class Cancellation Policy

To reserve a seat, all Pocono Sew & Vac classes must be paid in full upon registration. In the event that a student needs to cancel their reservation for a class, they should notify PS&V at least 7 days in advance (by [phone](#)) to be eligible for a full refund. Cancellations made less than 7 days before class will not be issued a refund.

If a class does not have the minimum number of participants 7 days prior to class day, the teacher will cancel class. The customer will be fully refunded within 7 to 10 business days. Any questions call PS&V at [800-442-8227](tel:800-442-8227).

Some classes require homework to be done before class, such as cutting/prepping fabrics. If homework is required, it will be posted in the class description. Please read the class description thoroughly before signing up before a class. If homework is not done by the start of class, you will not be able to attend, and a refund will not be issued. If you have any questions regarding class homework, please call the store and we will be happy to help.